



# Permission Granted

STEP IN, STAND TALL, SHINE BRIGHT!

"Am I now trying to win the approval of human beings, or of God?  
Or am I trying to please people? If I were still trying to please  
people, I would not be a servant of Christ."

**GALATIANS 1:10**

# CALLED - CHOSEN

## Commissioned



**You don't need anyone else's permission to be who God has called you to be in your blended family. You already have God's.**

### **Key Truths:**

#### **You were placed here on purpose.**

*"And who knows but that you have come to your royal position for such a time as this?" — Esther 4:14*

- You are not a replacement. You are a chosen woman of God.

#### **Showing up begins with surrender, not striving.**

*"Since we live by the Spirit, let us keep in step with the Spirit." — Galatians 5:25*

- Being led by the Spirit may look like stepping up—or stepping back.

#### **You have permission to show up for yourself.**

*"Love your neighbor as yourself." — Mark 12:31*

- Self-care is not selfish. It's stewardship.

#### **Pray for bio mom, but don't let her define you.**

*"If it is possible, as far as it depends on you, live at peace with everyone." — Romans 12:18*

- Peace with others starts with peace in God.



# No Apologies

## Show up God's Way



### What Does It Mean to "Show Up" in Christ?

- Prioritize your prayer life.
- Obey what God is calling you to do—even if it's hard.
- Lead with love, not insecurity.
- Rest when you need to. God is not glorified by your burnout.
- Walk in freedom—not fear.

### Reflection Questions:

1. Where am I currently dimming my light to avoid conflict or rejection?
2. How is God inviting me to show up differently in this season?
3. What would obedience to God look like in my stepmom role right now?
4. Do I need to step forward—or step back—for the sake of my mental and spiritual health?

### Prayer:

“Lord, thank You for placing me in this family for a purpose. Help me walk in obedience, speak in love, rest in Your strength, and shine with Your light. I have permission to show up—because You’ve called me here. Amen.”

